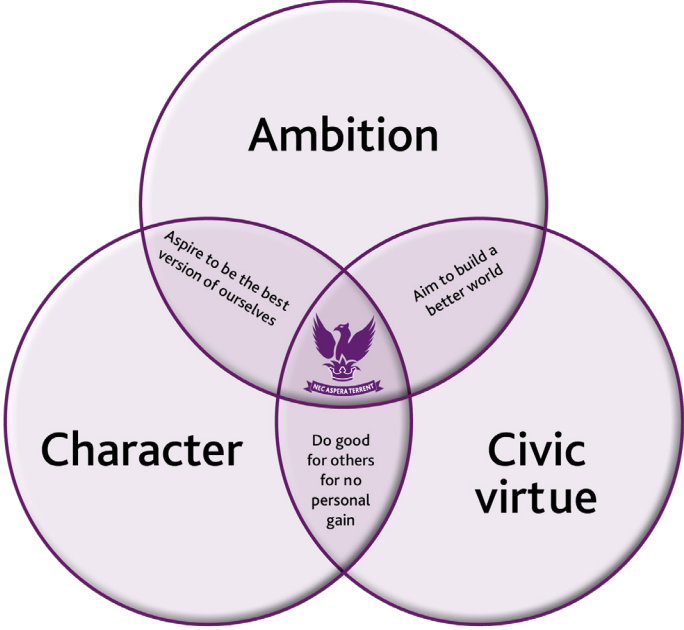


# MANAGING ALLERGIC REACTIONS/ANAPHYLAXIS POLICY

Reviewed by CSWP on 6 March 2024  
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## DRAYTON MANOR HIGH SCHOOL





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### MANAGING ALLERGIC REACTIONS/ANAPHYLAXIS POLICY

#### INTRODUCTION

This policy is written for use in conjunction with the school's Supporting Students with Medical Needs Policy and with reference to the Department of Health's Guidance on the Use of Adrenaline Auto-Injectors in Schools (September 2017).

The Governors, Head and staff of Drayton Manor High School recognise that anaphylaxis affects many students and close monitoring is needed where an allergy has been diagnosed.

Guidance on the signs and symptoms of an allergic reaction/anaphylaxis and the action to be taken can be found in Appendix 1.

#### STUDENTS WHO HAVE BEEN PRESCRIBED AN ADRENALINE AUTO-INJECTORS (AAI)

All students with who have been prescribed an AAI (or where a doctor has provided a written plan recommending AAIs to be used in the event of anaphylaxis) will

- have an Individual Healthcare Plan (IHCP) which includes parental agreement for the school to administer an AAI and the use of a spare AAI
- carry their own AAI, with a spare held in the Student Welfare Office (A129)

The Student Welfare Office will advise parents when the spare AAI requires replacement due to either expiration or usage. However, it is the responsibility of parents to provide a replacement and dispose of AAIs which have expired or are no longer required.

Staff may use an AAI if a paramedic advises this is necessary regardless of parental consent.

#### AAI REGISTER

An AAI Register is available on the home page of the school's staff intranet. The register includes a list of all students who have been prescribed an AAI and for whom the school has parental agreement for the school to administer medicine, a photograph of the student and an expiry date of the student's spare AAI held by the school.

#### EMERGENCY ANAPHYLAXIS KITS

The school's emergency anaphylaxis kit includes spare AAIs, obtained without prescription, for use in emergencies. These must only be administered to a student appearing on the AAI Register and whose

own prescribed AAI cannot be administered correctly without delay. Staff must notify the Welfare Office if an AAI has been used so that this can be recorded and a replacement AAI can be organised.

The emergency anaphylaxis kit will include

- one or more AAI
- instructions on how to store and use the AAI
- a copy of the AAI Register
- a copy of the register of school staff trained to administer an AAI

An emergency anaphylaxis kit will be sited in the following locations

- Student Welfare Office (A129)
- Dining Hall (A168)
- Staff Room (D106)
- Main Reception (A121)
- Food Technology Room (SMS214)
- School Field Pavilion

The emergency anaphylaxis kit will be maintained each half term and after each use. The Student Welfare Office will check that the AAI is present and in date and will obtain replacements when expiry dates approach.

## **SCHOOL TRIPS AND VISITS**

The school will conduct a risk assessment for any student at risk of anaphylaxis taking part in a school trip or visit. Students must ensure they are carrying their AAI with them and will be accompanied by a member of staff trained to administer AAI in an emergency. In some circumstances, a spare AAI obtained for emergency use may be taken.

## **STAFF**

Any anaphylactic members of staff should make their allergy known to the Student Welfare Office or their line manager, but it is their responsibility to carry and administer their own medication or seek assistance if required.

## **STAFF TRAINING**

A register of School Staff who have received training in managing severe allergies in schools, including how to use an AAI will be kept by the Student Welfare Office, available on the home page of the Staff Intranet and displayed in the Staff Room and Administration Offices. Only staff who have received this training should administer an AAI.

The Student Welfare Officer will also pass on any additional/relevant information to all staff as and when it becomes necessary.

## **CATERING CONTRACTOR**

An emergency anaphylaxis kit will be sited in the Dining Hall. All catering staff will be aware of students with Asthma and Allergies. A copy of the AAI Register will be displayed on the kitchen notice board.

## **RECORDING THE ADMINISTERING OF AN AAI**

A record of use of an AAI will be kept using the Student Medication Record. Parents will be informed that the student has been administered an AAI and whether this was the student's own device or the school's space AAI.

## APPENDIX 1

# Recognition and management of an allergic reaction/anaphylaxis

Signs and Symptoms include:

### Mild-moderate allergic reaction

- Swollen lips/face or eyes
- Itchy/tingling mouth
- Hives or itchy skin rash
- Abdominal pain or vomiting
- Sudden change in behaviour

### ACTION

- Stay with the child, call for help if necessary
- Locate adrenaline autoinjector(s)
- Give antihistamine according to the child's allergy treatment plan
- Phone parent/emergency contact

## ● Watch for signs of ANAPHYLAXIS

(life-threatening allergic reaction)

Anaphylaxis may occur without skin symptoms: ALWAYS consider anaphylaxis in someone with known food allergy who has **SUDDEN BREATHING DIFFICULTY**

### A AIRWAY

- Persistent cough
- Hoarse voice
- Difficulty swallowing
- Swollen tongue

### B BREATHING

- Difficult or noisy breathing
- Wheeze or persistent cough

### C CONSCIOUSNESS

- Persistent dizziness
- Pale or floppy
- Suddenly sleepy
- Collapse/unconscious

**IF ANY ONE (OR MORE) OF THESE SIGNS ABOVE ARE PRESENT:**

- 1 Lie child flat with legs raised** (if breathing is difficult, allow child to sit)



- 2 Use Adrenaline autoinjector without delay** (eg. EpiPen®) (Dose: .. . mg)

- 3 Dial 999** for ambulance and say ANAPHYLAXIS ("ANA-FIL-AX-IS")

**\*\*\* IF IN DOUBT, GIVE ADRENALINE \*\*\***

### AFTER GIVING ADRENALINE:

1. Stay with child until ambulance arrives, **do NOT stand child up**
2. Commence CPR if there are no signs of life
3. Phone parent/emergency contact
4. If no improvement **after 5 minutes, give a further adrenaline dose** using a second autoinjectable device, if available.

You can dial 999 from any phone, even if there is no credit left on a mobile. Medical observation in hospital is recommended after anaphylaxis.

Anaphylaxis may occur without initial mild signs: **ALWAYS use adrenaline autoinjector FIRST in someone with known food allergy who has SUDDEN BREATHING DIFFICULTY** (persistent cough, hoarse voice, wheeze) - even if no skin symptoms present.